

## Portobello Orchestra

### Resuming Rehearsals

We are permitted to rehearse subject only to very strict guidelines. We must stay 2 metres apart from each other at all times. Socialising and “mingling” are effectively prohibited. This is not “business as usual”. Please stay alert and do not lapse back into old rehearsal habits.

Please read and follow the full risk assessment. The key points are:

- You must register for each rehearsal in advance, via the website.
- You **must not attend** if you have any Covid symptoms, or have been in contact with anyone who has symptoms, or are otherwise required to self-isolate.
- You should avoid travelling to rehearsals by public transport if possible.
- You must enter the church individually. Queue 2 metres apart if necessary do not form a group round the door.
- You must use hand sanitizer on arrival. Then go straight to your seat and remain there.
- You must wear a mask throughout (except wind players when actually playing).
- You must remain at least 2 metres from anyone else AT ALL TIMES, including during the break.
- Bring your own refreshments, they will not be provided.
- We should avoid using the toilets at the venue as far as possible.
- You must bring your own stand and music (and lights if required) to every rehearsal. Items must not be shared. Take all your belongings, and any rubbish, away with you at the end.
- At the end of the rehearsal, sanitize your chair and return it to the stack.
- Leave individually at the end, and do not linger outside the church.
- If you develop Covid symptoms within 14 days of attending a rehearsal, you must inform a committee member who will inform the venue and track and trace.